



Indian Association of Preventive & Social Medicine

Founded in 1974

(Registered Under Societies Act XXI of 1860 in 1984, New Delhi, Registration No. 14240)

National President
Dr. Annarao Kulkarni

Secretary General
Dr. Purushottam Giri

Executive Committee
(2024-25)

President Elect

Dr. Ashok Bhardwaj

Immediate Past President

Dr. A. M. Kadri

Vice President

Dr. Rekha T

Joint Secretary

Dr. Meenal Thakare

Treasurer

Dr. Manish Rana

Chief Editor of IJCM

Dr. Pankaj Bhardwaj

Executive Council Members

Dr. Anurag Chaudhary

South Zone

Dr. Malatesh Undi

Dr. Animesh Jain

South Central Zone

Dr. Dhruvendra Pandey

Dr. Kamlesh Jain

North Zone

Dr. Gurmeet Singh

Dr. Sudip Bhattacharya

North Central Zone

Dr. Dewesh Kumar

Dr. Harshal Ramesh Salve

East Zone

Dr. Shib Shekhar Datta

Dr. Rivu Basu

West Zone

Dr. Medha Mathur

Dr. Parag Chavda

No. IAPSM/GC/2024/ 38

Date: 31/08 / 2024

Minutes of Meeting of Governing Council of IAPSM

The Governing Council (GC) meeting of IAPSM (2024-25) was held on 17th and 18th August 2024 as per the schedule and agenda shared with the GC members in advance by the Secretary-General. The meeting was conducted under the chairmanship of National President IAPSM Dr. Annarao Kulkarni.

Date: 17th and 18th August 2024

Venue: White Castle, Boutique Hotel, Bangalore

Time: 01:30 pm to 08:30 pm on 17th August 2024 and from 09:00 am to 01:00 pm on 18th August 2024.

The agenda of the meeting was circulated by Dr. Purushottam Giri (Secretary General) to all the GC members through the official WhatsApp group.

The following members attended the meeting:

1. Dr. Annarao Kulkarni (President)
2. Dr. A. M. Kadri (Immediate Past President)
3. Dr. Ashok Bhardwaj (President-Elect)
4. Dr. Rekha T. (Vice President)
5. Dr. Purushottam Giri (Secretary General)
6. Dr. Meenal Thakare (Joint Secretary)
7. Dr. Manish Rana (Treasurer)
8. Dr. Anurag Chaudhary (Chairperson YLC 2023)
9. Dr. Harshal R. Salve (Executive Council Member, North Central Zone)
10. Dr. Dewesh Kumar (Executive Council Member, North Central Zone)
11. Dr. Gurmeet Singh (Executive Council Member, North Zone)
12. Dr. Sudip Bhattacharya (Executive Council Member, North Zone)
13. Dr. Medha Mathur (Executive Council Member, West zone)
14. Dr. Parag Chavda (Executive Council Member, West zone)
15. Dr. Animesh Jain (Executive Council Member, South Zone)
16. Dr. Malatesh Undi (Executive Council Member, South Zone)
17. Dr. Dhruvendra Pandey (Executive Council Member, South Central Zone)
18. Dr. Kamlesh Jain (Executive Council Member, South Central Zone)
19. Dr. Shib Sekhar Datta (Executive Council Member, North East Zone)
20. Dr. Rivu Basu (Executive Council Member, North East Zone)
21. Dr. Pankaj Bharadwaj Editor in Chief, IJCM (Online)



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Dr. Annarao Kulkarni, National President, IAPSM started the meeting by extending a warm welcome to Governing Council members. Afterwards, Dr. Purushottam Giri, Secretary General has presented agendas for the discussion.

Agenda discussions and decisions of the meeting are as below.

Agenda 1: Approval of minutes of previous GC meeting by the members and action taken report.

Minutes of the online Governing Council (GC) meeting of IAPSM (2024-25), held on 25th May 2024 and an action taken report was presented. The minutes were approved by the GC unanimously. Dr. Meenal M Thakare, Joint Secretary, presented the report on national activities and it included following activities:

- IAPSM WHD Nationwide Undergraduate Quiz 2024 - Registered in: World Records of India, OMG Book of Records, and International Book of Records.
- World No Tobacco Day: 31st May 2024: Creatathon Competition, Ideafusion Competition
- Academia IAPSM e Connect activities
- IAPSM Blogs and forthcoming competition
- **Projects under evaluation and execution**

1. Nutrition for Lifelong Health in collaboration with IIT, Mumbai under the slogan "IAPSM Cares for its Members"
2. Proposal from Maharshi International University USA for Transcendental Meditation
3. Interdisciplinary Family Adoption Program with Digital Technology Integration
4. IAPSM Proposal for Family Adoption Programme

• **Memorandum of Understanding Signed with:**

1. Swami Vivekananda Youth Moment.
2. IAPSM MoU for Cuedwell software is used for the Presidential Action Plan on Nutrition for Lifelong Health.



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Agenda 2: Various Zonal Activities Report from Current GC Members.

North Zone- Dr. Gurmeet Singh updated that the Family Adoption Programme has been implemented and data entry has been completed. Dr. Sudip informed the GC about the international collaboration - Malaysia and Turkey have been contacted and a concept note has been prepared. They want a Zoom call to connect with office bearers of IAPSM which will be scheduled within a month.

North Central Zone- IAPSMCONUPUK is scheduled on 18th and 19th Oct. 2024 at Haldwani. WHD quiz was conducted across all colleges. IAPSM young leader conclave activities and preparation are ongoing. MoU with Minerva is getting a good response from various medical colleges.

South Zone- Dr. Malatesh shared with all that essay competitions on FAP, a collaborative activity with NMC have got more than 7000 entries across the nation. He also informed about the various upcoming state conferences in the South zone. The following chapters of IAPSM are having their state conferences for the year scheduled - Andhra Pradesh – 30th & 31st August, Karnataka – 20th & 21st September, Tamil Nadu – 26th & 27th October 2024. Further, it was informed by Dr Animesh that the Intercollegiate Academic Programme for Post-graduates (IAPP) is now a regular online programme with attendance from Pan India.

South Central Zone- The 10th Zonal conference of MP and Chhattisgarh, themed “one health approach,” is scheduled in Raigarh and shared by Dr. Kamlesh Jain. They will use this opportunity for the PG registration drive.

North East Zone- AIIMS Guwahati will host the next conference of NE Zone. Village adoption program in their institute was shared by Dr. Rivu Basu. Immunisation capsule CME is planned in AIIMS Guwahati.

West Zone- Rajasthan has submitted a report of FAP from all medical colleges. The concept of having a newsletter of the IAPSM west zone is in the pipeline. The Gujarat state chapter conference of IAPSM will be held in November. Also, an update about the Essay competition was given by Dr. Parag Chavda.

It was discussed to have a calendar of IAPSM chapters' conferences which can be published on the IAPSM website. E-mails will be sent to all State/Zonal Secretaries and Presidents to intimate dates of the conference to the IAPSM Head office before the announcement so that overlapping of the dates may be avoided. GC members can attend and represent in State chapters if in case the National IAPSM President and Secretary are not able to attend and nominate the GC member for the same to represent the national IAPSM in the state conferences. All states should register and have bank accounts and PAN cards, GST numbers which will be used for registration fees including GST.



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Agenda 3: Development and Execution of Presidential action plan activities (Including PHW)

- An update on the Presidential action plan was given by Dr. Annarao Kulkarni, the national IAPSM president. Phase 1 of the project “Nutrition for life long health” is going to be completed shortly and phase 2 will start soon. It will be an onsite 2 days activity with super 30 selected participants who have completed and passed through phase 1.
- Rs. 1.5 lacs is already spent on Cuedwell Software from the president's fund. More funds will be needed for Phase 2 which will be used from Presidential Action Plan funds.
- After going through the draft MoU that was shared in the group well in advance, it was agreed to sign MoU with Public Health Wales (PHW) and start online activities to begin with.
- For BMJ Pre-conference workshops, it was decided unanimously that from the IAPSM fund, TA, accommodation, of Rs. 20,000 capping for each Pre-conference for resource faculty, five such Pre-conference / training session / zones can be fixed which will cost Rs. 1,00,000 total from the President's action plan fund.
- Dr Harshal suggested to have training of trainers in this module. Dr Kulkarni responded that at each Preconference/workshop two local faculty selected by organisers will be trained.
- E-log book on digital technology for FAP is prepared by Dr. Samudyatha. She wants to have a MoU with IAPSM, the document needs to be copyright-protected. She has requested to pilot it with involvement of selected IAPSM members and give her feedback from the users for further improvement.
- Smart village initiative - everything digitalized, ABHA card and others is withdrawn due to various unavoidable reasons.
- The introductory session for “Transcendental Meditation” got a very poor response from IAPSM members, only 25 people joined. Hence it was decided not to continue this project.
- A book on immunology, breastfeeding, and adult nutrition are in the pipeline.
- It was unanimously agreed to sign MoU with SEARCH for Joint fellowship programs with IAPSM and SEARCH. There are Two IAPSM members to be nominated by the IAPSM headquarter for the selection committee each year.
- There was a point raised by the President, IAPSM to start IAPSM Info graphics as one of the Presidential Action plan and it was approved by GC.

It is decided to upload all Presidential Action Plan on website and develop a SOP for the Presidential Action Plan for rational and effective use of allocated fund.



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Agenda 4: IAPSM Constitution Update, Approval and accordingly Upload on National Website.

It was presented by Dr. Harshal Salve, GC member, North Zone. It needs further improvements which is discussed during the meeting and the committee is directed to submit it within 2 weeks.

Following representation from Dr. Kamlesh Jain, it was proposed that agenda for the revision of the zones may be included in the GBM. Dr. Kamlesh Jain, Dr. Ashok Bhardwaj, Dr. Parag Chavda, and Dr. Animesh Jain will do a revision of such zones, and it will be proposed in GBM 2025. For this MP IAPSM President will send his proposal again. For the upcoming election 2025, whatever was decided in Mangalore conference will be followed.

It was discussed to keep sections of the constitution as it is, mention the changes done there, and then, like whether deleted/amended etc.

It was discussed to increase the number of physical meetings of GC, term of the GC, President, etc. and same will be put in the GBM.

Agenda 5: Update on 5th Young Leaders Conclave by Dr. Harshal Salve

The YLC is going to have 12 Pre-conclave workshops and a post-conference visit on 11th November. As of today, 280 delegates have been registered so far. WHO, SEARO will collaborate for the 50 Years of Immunization celebration during YLC. It was suggested that the brochure of YLCs should not include those above 40 yrs, even if they are office bearers.

President directed to have one IAPSM separate session in YLC, as Rs. 1 lakh funded by the National IAPSM.

The concept of an IAPSM youth council was proposed a few years back, but could not be executed and needs action in that direction.

Agenda 6: Update on the NMC Family Adoption Programme (Prizes and Book Printing) etc.

Total 50 undergraduate & 50 postgraduate students / SRs essays will be selected and also two Collages to make a book on the village adoption program. They will be called to NMC with a representative from the institute on 24th September 2024. This book will be given to each winner, 500 books have to be printed, and funds from the presidential action plan 2024-25 will be used for printing these books and awarding the winners of Essays and Collages.

Agenda 7: Presentation of Audited Account Statement by Vice-President Dr. Rekha T. for IAPSM 2024 Organised by KMC, Mangalore.

Dr. Rekha T. apprised of the approximate expenses during the IAPSMCON2024 and that there will be around Rs.50,000 to 60,000/- balance with IAPSMCON2024, though the audited statement will take time to be produced before the GC.



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Agenda 8: Constitution of Election Commission Panel

Dr. Purushottam Giri proposed the name of Dr. A M Kadri for the post of Election Commission Chairman and that he can Co-opt 2 IAPSM members for the same. This proposal was unanimously approved by the GC.

Agenda 9: Constitution of FIAPSM / Oration Committee

Dr. Purushottam Giri proposed the name of Dr. Ashok Bhardwaj for the post of FIAPSM and Oration Committee Chairman and that he can Co-opt 2 IAPSM fellow members for the same. This proposal was unanimously approved by the GC.

Agenda 10: Presentation of IAPSM Bank account statement and financial assets by Treasurer Dr. Manish Rana.

Financial statements were presented by the treasurer, IAPSM, Dr. Manish Rana and it was approved by GC. Also, it was agreed upon by all that no financial transactions should be done without informing the President. From April 2023 onwards bank statements are to be shared by the treasurer with the President and Secretary General and subsequently on monthly basis.

The need for FCRA account of IAPSM was discussed. It was decided that only if we are trying for International funds we can consider opening FCRA account.

Agenda 11: Presentation of Technical and Financial report of IJCM by Chief Editor Dr. Pankaj Bhardwaj

The presentation was done by Dr. Pankaj Bhardwaj, Editor-in-chief. It was agreed by all that IJCM transactions to be shared by Editor-in-chief to the President and Secretary General on quarterly basis. The concept of position papers have been withdrawn. Dr. Harshal Salve requested that 2 Sushila Nayar orator awards to be published in the IJCM. But, it was decided to give them a cash incentive.

Proposed APC charges and for fast-track publication process were reviewed and it was decided to have another editorial board meeting to draft SOPs, to be shared with the GC and thereafter decision will be taken.

It was decided to carry out all IJCM editorial board meeting online and only one physical meeting to be held during national conference, as budget of the IJCM is in deficit.

Agenda 12: Update on National Website (www.iapsm.org)

Dr. Meenal M Thakare apprised the GC that the matter for the website update has been shared with the vendor is working on it and will share it with the office bearers once the new website is ready.



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Agenda 14: Update on 52nd Annual National conference of IAPSM to be held in GMC, Srinagar in April 2025 by Dr. Mohd. Salim Khan

The organizers of the IAPSMCON2025 have given a letter communicating about the preparations for the conference. The organizers convened that there will be no travel and accommodation for any conference delegate. But as per the national conference protocol (SOPs) of National IAPSM, the head quarter will share the SOPs with the organizers of IAPSMCON2025, and they will be directed to follow the SOPs for smooth conducting of conference.

Agenda 15: Any Other Issues with Permission of Chair.

Any other agenda included following discussions and decisions.

- It was shared by the Secretary General that Dr. Sonu Goel, Professor, PGIMER, Chandigarh had sent an email mentioning that he has reservations against the decision, made in the previous GBM that only one oration can be awarded to one IAPSM member, because oration is awarded purely on Merit basis and scores, So 2 orations can be awarded to one IAPSM member. But this submission was rejected by the GC. It was decided to take up this matter again in the General Body Meeting in Srinagar.
- Sharing of revenue generated out of textbooks / books. Most of the GC members suggested that current arrangement of distribution and approved in previous two GC meetings, as well as distribution of fund for e-courses in previous years' GC meeting are well thought arrangement for sustainability of endeavour. It was decided that same may be rectified in upcoming GBM. Also majority of the GC members have given concurrence to the decision and approved to have same editorial board for first five editions approved in the GBM in the year 2019.
- It was also decided, a committee can be constituted for making SOPs for preparation of various IAPSM textbooks. This committee will make objective criteria and its process.
- It has been decided that other publishers can be explored to increase the revenue.
- It was also discussed that the general body meetings of IAPSM get a very poor attendance of its members which makes it difficult to get important decisions approved when proper representation of the general body is not there. So, it was decided that IAPSM should have a consensus on the protocols of conducting a general body meeting and has to fix the quorum which has to be met before making any decisions.



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- It was proposed that one person cannot hold the post of Joint Secretary for more than Six years and a Treasurer post for more than three years. It is decided that same may include in the agenda for the upcoming GBM.
- It was proposed by the Secretary-General IAPSM, Dr. Purushottam Giri to have permanent IAPSM office in Sevagram Wardha, as it is geographically the central point of India. Dr. Sushila Nayar, the first IAPSM member and founder member has served in MGIMS, Sevagram Wardha. Moreover, the community services module of the institute is acclaimed, accepted and promoted by the NMC, Delhi in the form of the Family Adoption Programme (FAP). This proposal was unanimously approved by the GC.
- Dr. Parag Chavda, GC member West Zone suggested to have a Coffee table booklet of IAPSM which can be of 4-6 pages. It can be used for various purposes like interactions with various other associations, Ministries, NMC, NGOs, etc. He also suggested that the Star Performer Award can be linked with the contribution of the state chapters in the updating of the IAPSM bulletin. Some scores may be assigned to this performance. It was agreed by all.
- It was decided that the online meetings with the State/Zonal Presidents and Secretaries can be carried out at least once in 6 months.
- The organizers of the IAPSMCON 2023, AIIMS, Bibinagar had promised to return Rs. 11,00,000/- which was the balance from the conference funds. They had some conditions about the utilization of this fund which has already been rejected by the GC and the GBM as well. So, it was decided that how they want to utilize it or if they want to return it to the donor agencies, is their domain and decision.
- An advisory should be issued to the state chapters which includes a request to inform their respective state conference dates and that they should not overlap on the dates of two different state conferences as far as possible, and also with the national IAPSMCON and the national YLC. They can keep the EC members in loop regarding dates and important decision makings.
- Young IAPSM members have requested that IAPSM has a linkedin id and a Facebook page, Meta, x handle, which will help them get jobs. Ritu and the other support staff can manage it.
- Letter of recommendation for participants in the Ford Foundation awards is requested by the participants and Dr. Ashok Bhardwaj mentioned that he will get it done from the IJCM editor-in-chief.



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- It was discussed that the World Health Day quiz may be conducted in 2-3 stages, i.e College level quiz, State/Zonal Semi-finals, and National level finals.
- A Compendium of all editions of IAPSM Best Practices should be there on the IAPSM website.
- GC meeting allowances for TA to each member can be raised and capped to Rs.20,000/- from this particular meeting and separate room / single accommodation should be given to each GC member irrespective of their designations in the association.
- For IAPSM Blogs, a budget of Rs. 30,000/- in a year is sanctioned. Also, Dr. Medha Mathur has suggested that she will conduct an online workshop for training the IAPSM members about how to make blogs.
- 50% reservation for females in the IAPSM GC, was suggested by Dr. Medha. Dr. Meenal Thakare requested to have overview of the proportion of females in the general body, should be seen first and based on that reservations for females should be made in the GC. It was decided to keep this agenda in the GBM.
- Dr Animesh Jain shared the draft proposal for two courses (as a part of the Presidential Action Plan 2024-25) – Ethics and Communication. Both the modules will be conducted as per IAPSM guidelines and have a fee structure approved by the IAPSM. The finalized module and plan for the modules will be shared by Dr Animesh with IAPSM HQ.
- Dr. A M Kadri mentioned that few activities like e-connect, e-Academia, Best Practices, e-Bulletin, and Star CommMed should be institutionalized.
- Dr. A M Kadri suggested developing a youth council, advisory council and Central Council.
- A letter will be sent by the Secretary-General to Dr. Pankaj Bhardwaj for the board of studies, SOPs and the start of the activity.
- Dr. Kamlesh Jain suggested having a development partners' meeting, and brainstorming session after which the scope of the work can be established and, coordinators can be identified for the same.
- Financial management and entrepreneurship course was requested by Dr. Sudip Bhattacharya, GC member, North Zone.
- Dr. Harshal Salve discussed starting the Family Medicine course by the NMC and requested to have a subcommittee to deal with the issue of the inclusion of family medicine courses in medical colleges and its possible repercussions on the subject



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(Registered Under Societies Act XXI of 1860 in 1984, New Delhi, Registration No. 14240)

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(2024-25)

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No. IAPSM/GC/2024/ 38

Date: 31/08 / 2024

- Dr. Harshal Salve shared the concept note and proposal of the IAPSM short course on Environmental Epidemiology. After discussion, GC approved the course. The course will be conducted as per IAPSM guidelines of existing courses including the fee structure. Dr. Salve proposed that the expert group meeting supported by IAPSM for development of course modules. Same has been approved by the GC under the current presidential action plan 2024-25. Detail concept note with budget for the same shall be shared by Dr. Salve with IAPM HQ.
- The IAPSM PG curriculum review committee was proposed.
- The IAPSM President Dr. Annarao Kulkarni is appointed in the NMC as Chairman of CBME curriculum review and revision Committee along with 4 IAPSM members.
- Dr. Dhruvendra Pandey added that a certain number of health days must be observed, list of such health days can be made at the start of the year.
- Dr. Ashok Bhardwaj informed the GC about the MoU signed on 08th August 2024 for comprehensive sexuality education (CSE) and that a module will be developed as per the MoU.

The meeting ended with vote of thanks.

Long live IAPSM!!!

Dr. Annarao Kulkarni,
National President,
IAPSM

Dr. Purushottam Giri,
Secretary General,
IAPSM

